



**Cardiology and Hypertension Update 2009
Alaska - August 2-9, 2009**

This program will be of interest to generalist physicians as well as to those specialists with an interest in Cardiology and Hypertension.

Topics covered will include:

- The Prevention and Identification of Cardiovascular Disease in the Patient with Diabetes
- The Office Assessment of the Patient with Chest Pain
- Trends in the Management of the Patient with Atrial Fibrillation
- The Office Management of the Patient with a Recent Myocardial Infarction
- Automated Office Blood Pressure Measurement/ Home Blood Pressure Monitoring (Workshop)
- The case for and against Clinical Practice Guidelines in Medicine
- The CHEP Hypertension Guidelines
- The CHEP Strategic Plan for Guidelines Implementation
- Integrative Medicine: utilization in patient populations, evidence based approach for physicians, safety and efficacy of natural health products
- Integrative Medicine in the Hospital Setting
- Ethical and Legal Issues concerning Integrative Medicine (Workshop)
- Integrative Medicine Approaches to Hypertension
- Ethnobotany: Native Healing and Medicinal Plants (Workshop in the rain forest with a native healer)

This program will offer practical approaches to challenges in Cardiology and Hypertension, as well as develop practical approaches to integrate learning into practice. Because of the widespread use by patients of non-evidence based therapies in CAM, Integrative and Functional Medicine, a survey program of these therapies and consideration of their use will be undertaken by a medical expert.

Upon completion of this program, the delegate will be able to:

- Discuss and implement recent advances in selected topics in Cardiology and Hypertension in their practices
- Discuss the proper use and advantages of various methods of patient monitoring in hypertension
- Develop an approach to their patient's uses of non-evidence based therapies
- Implement planning and efficiencies in their practice and personal finances
- Develop practical strategies for improving their personal and professional health
- Appreciate another culture's approach to healing and the use of medicinal plants