

Conference Learning Objectives

CMEatSEA is committed to producing exceptional learning vacations for doctors and their families. Our programs focus on the quotidian aspects of our professional and private lives. Teaching and learning occur in interactive didactic, case based, and workshop sessions. The retreat like atmosphere encourages the translation of knowledge into practice.

Our program “Geriatrics and Palliative Care Update 2010” includes not only those subject areas, but also updates in Practice Management, Wealth Management and Physician Health. A guided walk in the medicinal temperate rain forest will re-connect us with our beginnings.

Upon completion of this program, you should be able to

In Geriatrics:

- differentiate patterns of functional decline, failure to thrive and frailty
- discuss the evidence based support for nutritional and exercise interventions
- describe the clinical dementias and their pharmacologic and non-pharmacologic therapies
- discuss the evidence base for pharmacologic and non-pharmacologic therapies of hypertension in the elderly
- effectively intervene to decrease falling among our patients
- conduct an examination for competency

In Palliative Care:

- define concepts of palliative and hospice care
- discuss the team approach to palliative and hospice care
- participate in the planning and management of a palliative and hospice care program
- discuss current concepts in opioid, non-opioid, and non-pharmacologic pain management

In Practice Management:

- describe and discuss the benefits of running an efficient office
- create a goal oriented and goal supportive schedule and work environment
- learn and reflect upon attitudes, knowledge and skills involved in time and project management.
- explore opportunities for increasing practice revenue in an ethical manner

In Wealth Management:

- explore possible structures within which professional earning takes place
- explore the relationships between professional income and personal wealth
- discuss strategies to build wealth within the medical practice
- understand the global aspects of income and wealth management

In Physician Health:

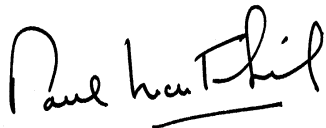
- explore the relationship between personal health practices and patient counseling
- translate evidence based knowledge of healthy behavior into health benefits for patients, self, and family

In Global Medicine:

- identify several common medicinal plants found in the Alaskan rainforest and understand their traditional uses
- discuss the underlying cultural and medical assumptions that exist in First Nations' use of natural medicines.

I will look forward to your learning, teaching and traveling with us.

Sincerely,



Paul Martin-Smith, MD, FRCPC
Chair, Medical Advisory Board
CMEatSEA