

CMEatSEA

China 2009

15 Day Yangzi River Cruise & China Tour

4 nights Shanghai

3 nights Beijing

1 night Xi'an

7 night Yangzi River Cruise

All Shore Excursions included

April 4-19, 2009

Up to 24 CME Hours

CMEatSEA Exclusives

- ✓ Escorted by Sanjay Goel, President of CMEatSEA
- ✓ Prof. Wenxin Zhou, Dean of Traditional Chinese Medicine, Shanghai University – Prof. Zhou will be lecturing on TCM techniques for Pain Management
- ✓ Visit with Government officials on the state of Health Care in China
- ✓ Up to 24 CME Hours

Land Tour Highlights

- ✓ Shanghai: the Bund, Shanghai Museum, Chenghuang Temple market, guided shopping tour.
- ✓ Chongqing: the Mountain City
- ✓ Xi'an: Terra-cotta Warriors & Horses
- ✓ Beijing: Tiananmen Square, Forbidden City, Summer Palace, Full day tour to the Great Wall, Temple of Heaven, Chinese Opera
- ✓ Included:
 - All meals (breakfast, lunch and dinner)
 - Inter China flights, all transfers, Luxury 5 star accommodations and all tours as specified.

Cruise Highlights

- ✓ The last chance to see the Three Gorges before they are fully flooded in the summer of 2009
- ✓ Shore excursion to the three gorges project
- ✓ Unique Voyage – This custom itinerary is not offered to the general public.
- ✓ Chongqing – the largest city in the world
- ✓ Wushan night market tour
- ✓ Included: All meals (breakfast/lunch/dinner) / shore excursions

Yangzi River

At 3,900 miles, Yangzi River is the longest river in Asia, and the third in the world. The Yangzi River winds through the most beautiful land forms in the world and reaches the Tibetan plateau, and plunges off the roof of the world through three huge gorges.

The Yangzi River provides 40% of China's freshwater resources, its basin more than 70% of the country's rice and 40% of the grain.

With its numerous tributaries and feeders, the Yangzi River provides a great transportation network through the heart of some of the most densely populated areas in China.



Date	City	Scenic Spots	Hotel
April 4, 2009	Shanghai	<ul style="list-style-type: none"> • Arrive in Shanghai and transfer to hotel 	5 star - Luxury
April 5, 2009	Shanghai/ Yichang	<ul style="list-style-type: none"> • Morning: CME lecture at hotel • Afternoon: Visit the Bund, enjoy the beautiful view along the bank of Huang Pu River • Late afternoon: transfer to airport for departure flight to Yi Chang, upon arrival meet the local guide and transfer to the cruise 	
April 6, 2009	Yichang/ Three Gorges	<ul style="list-style-type: none"> • Morning: CME lecture onboard (2 hours) • Shore Excursion: to Three Gorges • Pass through the Five-stage Ship Lock (3.5 hours) 	
April 7, 2009	Wanzhou	<ul style="list-style-type: none"> • Morning: CME lecture onboard (4 hours) • Shore Excursion: Wanzhou 	
April 8, 2009	Chongqing	<ul style="list-style-type: none"> • Morning: CME lecture onboard (3 hours) • Shore Excursion: City tour of Chongqing 	
April 9, 2009	Shibaozhai/ Fengjie	<ul style="list-style-type: none"> • Morning: CME lecture onboard (4 hours) • Shore Excursion: to Shibaozhai 	
April 10, 2009	Fengjie/ Wushan	<ul style="list-style-type: none"> • Shore excursion to Fengjie – White King Town • Pass Qutang Gorge • Afternoon CME lecture onboard (3 hours) • Night tour to Wushan Night Market 	
April 11, 2009	Shennong	<ul style="list-style-type: none"> • Pass 12 peaks of Wu Gorge • Morning CME lecture (2 hours) • Shore excursion to Shennong Stream • Emperor's Banquet onboard 	
April 12, 2009	Yichang/ Xi'an	<ul style="list-style-type: none"> • Morning: Arrive Yichang and transfer to airport for flight to Xi'an <p>Upon arrival meet the local guide and transfer to hotel</p>	5 Star - Luxury
April 13, 2009	Xi'an/ Beijing	<ul style="list-style-type: none"> • Morning: Ancient Wall, Wild Goose Pagoda • Afternoon: Terra-cotta Warriors & Horses. Transfer to airport for flight to Beijing. <p>Meet the local guide at airport and transfer to hotel</p>	5 Star - Luxury (Beijing)

April 14, 2009	Beijing	<ul style="list-style-type: none"> • Morning: Visit Tiananmen Square and the Forbidden City. • Afternoon: Visit Summer Palace • Evening: Enjoy Beijing Opera / Chinese Gongfu / Sichuan Opera (face changing) 	5 Star - Luxury (Beijing)
April 15, 2009	Beijing	<ul style="list-style-type: none"> • Full day tour visit Great Wall and Ming Dynasty mausoleum • Shopping: Jade Store & Cloisonné Store 	5star (Beijing)
April 16, 2009	Beijing/ Shanghai	<ul style="list-style-type: none"> • Morning: Visit Temple of Heaven in the and transfer to airport for departure flight to Shanghai. <p>Meet the local guide at airport and transfer to hotel</p>	5 Star - Luxury (Jinjiang)
April 17, 2009	Shanghai	<ul style="list-style-type: none"> • Full day tour and shopping: People's Square, Shanghai Museum, Chenghuang Temple market. Shopping: Art and Craft Factory, Nanjing Road and Huaihai Road • Evening: Exclusive performance of Shanghai Acrobats 	5 Star - Luxury (Jinjiang)
April 18, 2009	Shanghai	<ul style="list-style-type: none"> • Morning: Visit Zhu Jia Jiao • Afternoon: Silk Factory • You can experience Chinese acupuncture and moxibustion or massage (additional cost) 	5 Star - Luxury (Jinjiang)
April 19, 2009	Shanghai/ West Coast	Free time in the morning, and then transfer to the airport for departure flight	

PORTS OF CALL

Chongqing

Nicknamed the “Capital of the Mist”, Chongqing, is the largest city in the world and is fast becoming the city of the future.



Fengdu

Fengdu is traditionally known as the town of ghosts. Upon the Mingshan Hill above the river is a temple with a number of halls and statues of ghosts and devils. Further upstream along the river valley is the Snow Jade Cave – an impressive karst formation cave, with a total length of 1,644 meters, containing a range of stalagmites and stalactites.

Shibaozhai

A towering wood red pavilion 11-storey high was built against a protruding 220-meter rectangular rock with sheer cliffs on the north bank, a marvel of Chinese architecture. Access to the top is by a spiral staircase in which to view the stunning landscape.



Shennong Stream

Starts at Mt Shennong Jia in Hubei Province north of the Yangzi. Sail through the Parrot Gorge and Dragon Boat Gorge amid breathtaking scenery of lush pine and crystalline waters, discovering the ancient plank roads, ancient cave coffins, aqueous caves, rainbow fountain and rare animals like macaques and mandarin ducks.



Yichang

Is the upriver gateway to the Three Gorges and has been a strategic water passage between Sichuan and Hubei provinces since ancient time.

Three Gorges

Qutang Gorge

It is the shortest, narrowest and rockiest of the three gorges. Qutang Gorge is abundant with historical relics and is home to one of the earliest human cultures ever discovered in Asia.



Wu Gorge

Passing through wondrous Wu Gorge, home of the twelve peaks of the Wu Mountains, experience a meandering landscape of dazzling peaks and rocks, forming a whimsical gallery of natural beauty. Shennong Stream is located in this gorge.



Xiling Gorge

Xiling Gorge is famous for its strangely-shaped cliff faces and rock formations and is the largest of the Three Gorges. It also used to be the most perilous part of the river journey before its large river rocks were removed in 1950's. One of the most memorable passages in the Xiling Gorge is through the Yellow Ox Gorge (Huangniu Xia) where the river widens and sweeps under the Huangling Temple.



Three Gorges Dam Project

Currently the largest dam construction project on earth. The Three Gorges Dam Project began in 1992 and will be completed and operational in 2009. The dam will be the largest dam on earth, generating 18,200 megawatts of hydroelectricity. The dam will be 1.2 miles in length and measure 600 feet (185 meters) in height. It will have 26 generators that, once in operation, will generate enough clean energy to reduce China's reliance of highly polluting coal by up to 50 million tons annually. The dam will submerge 13 cities, 140 towns, 1,352 villages and over 600 industrial factories not to mention the more than 1,200 archeological projects and the 1.2 million people that will be resettled as a result of the flooding.



CRUISING WITH YANGZI EXPLORER

Set sail on board the new Yangzi Explorer traveling along the mighty Yangzi River. The magnificent Three Gorges region frames a cruise that is unsurpassed in sheer physical beauty which draws on over 3,000 years of cultural history. Enjoy the exhilarating shore excursions that highlight the beauty and heritage of the area while relaxing on board the only international deluxe ship sailing the Yangzi today.

WHY THE YANGZI EXPLORER?

Luxurious Intimate Style: The smallest and most luxurious ship on the river, with just 124 passengers. The Explorer is currently undergoing a multi-million dollar renovation under the auspices of Abercrombie & Kent.

Cabins: Cabins and suites are the most spacious of any cruise ship on the Yangzi River. With private balconies, passengers enjoy stunning panoramic views of the Yangzi.

Cuisine: Headed up by leading international executive chefs, menus offer cuisine that is both imaginative and discerning to the finest palate. A variety of International and Chinese specialties are served each evening with complimentary house wine, local beer and bottled water.

Spa & Wellbeing: A haven of relaxation and tranquility offering a choice of massage and beauty treatments rejuvenating the body back to balance. A state of the art gym, sauna and hair salon are also part of the Spa.

Activities. Employing only the best knowledgeable guides and with daily educational programs, the quest for learning about the Yangzi River and its shore life is complete. The shore excursions are limited in size of the group ensuring a higher quality and ease of learning.

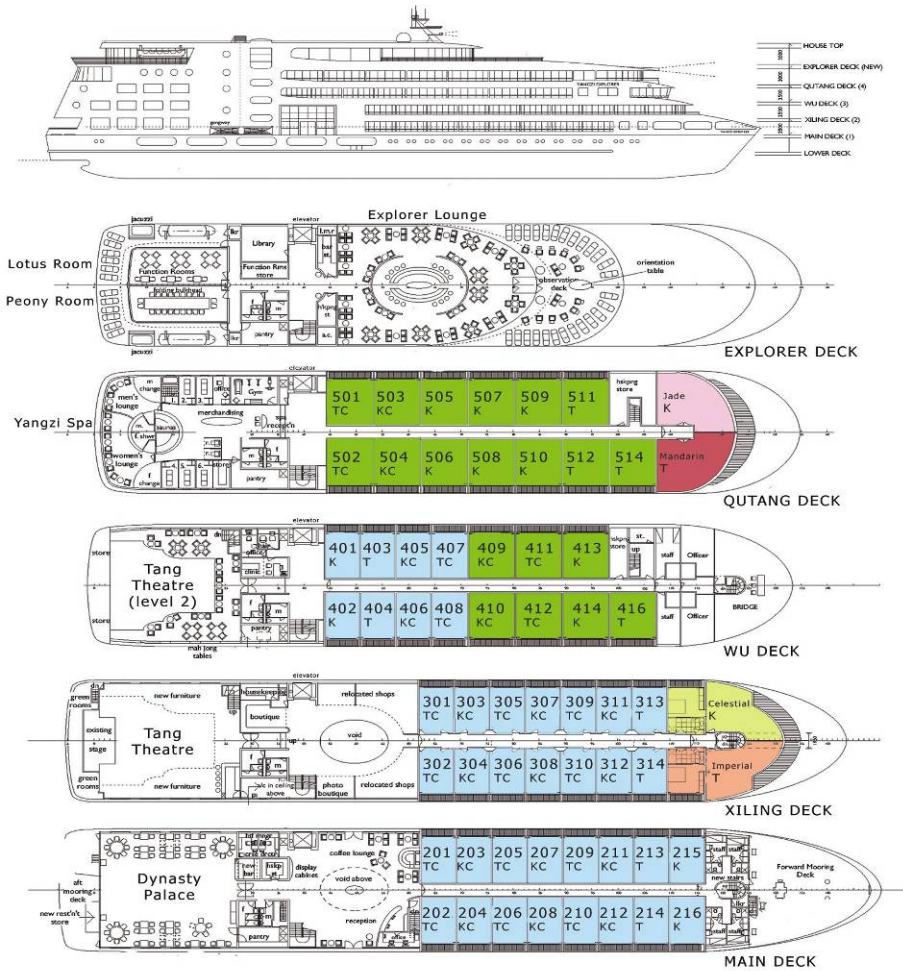
Conservation Ethics: The first ship on the Yangzi to practice conservation ethics focusing on the "green" concept, sewage disposal systems, recycling facilities, and other measures that ensure the ship operates in the most environmentally sustainable manner.

YANGZI EXPLORER FACILITIES

- 1 Celestial Suite (829ft²)
- 1 Imperial Suite (829ft²)
- 1 Jade Suite (732ft²)
- 1 Mandarin Suite (732ft²)
- 20 Suites (387ft²)
- 38 Deluxe Cabins (290ft²)
- Observation Deck
- Viewing Lounge with bar
- International restaurant offering a wide array of menu options
- Coffee Lounge
- Fitness Center
- Spa, Sauna, and Hair Salon
- Duplex theatre area with bar
- Library
- Souvenir and gift shops
- Laundry service
- Wi-Fi access throughout the cruise
- Non-smoking policy throughout the ship



INSIDE YANGZI EXPLORER



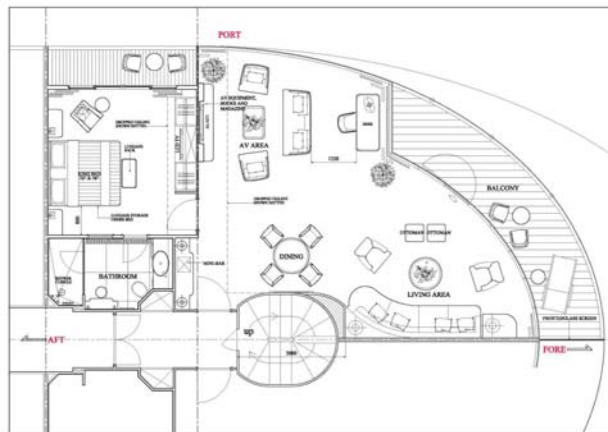
- Deluxe Cabin (290 sq ft)
 - Suite (387 sq ft)
 - Mandarin Suite (732 sq ft)
 - Jade Suite (732 sq ft)
 - Imperial Suite (829 sq ft)
 - Celestial Suite (829 sq ft)
- (Option: Mandarin & Jade connecting) (Option: Imperial & Celestial connecting)
- T - Twin Bed
K - King Bed
C - Connecting



38 Deluxe Cabins (290 sq. ft)



20 Suites (397 sq ft)



There are four Owner Suites: Imperial; Celestial; Mandarin; and Jade. *These suites are the largest and most spacious of any cruise ship on the Yangzi.* All cabins are luxuriously furnished throughout and provide the highest level of modern comforts that this exceptional six star cruise vessel demands.

TESTIMONIALS

YANGZI EXPLORER GUESTS

Thank you for your wonderful hospitality.

Bill Gates

Microsoft chairman

Sep.1995/East King

Thanks for a great few days on the Yangtze! Your extraordinary courtesy and enthusiasm made our trip through the Three Gorges even more memorable.

Nicholas T. Pinchuk

President Carrier International Corporation, Asia Pacific

Apr.1997/East Queen

Thanks for a terrific trip! The quality of the staff make the difference!

Carl Hedlad

President of Owens-Corning Co. Hong Kong

Sep.1996/East Queen

Thank you for your extraordinary hospitality and efficiency.

Henry Kissinger

US former Secretary of State Sep.

Sep.1996/East Queen

With appreciation for your excellent service and friendship during our historic cruise down the Yangtze. We will always remember this cruise with fondness and appreciation.

Richard J. Durbin

United States

Nov.1997/East King

CMEatSEA GUESTS

Well organized, informative speakers. Staff very professional and friendly. Nightly surprises were truly surprises. Good balance between lectures and free time. All in all a great way to make cruises have more meaning. Thanks!

Dr. Marco Terwiel, Maple Ridge BC

Excellent Topics; Excellent Speakers; Great Fun; Fabulous Scenery; Great Time!! Thank You!

Dr. Donald Carom, Windsor ON

Excellent program. Well Done. We enjoyed CMEatSEA. Thank you very much for organizing this event.

Dr. Chaozhe Jiang, Oakville ON

We felt that the 'team' and the faculty were sincerely devoted to ensuring that we had meaningful CME as well as a unique and memorable vacation experience.

Dr. Brian Keen, Red Deer AB

Most intensive CME I have attended. Excellent mix of delegates & spouses & very approachable lecturers.

Dr. Richard Johnson, Brantford ON



April 4-19, 2009 - China
Pain Management Update 2009
FREE Air*
Companion Travels Free**

Accommodation Rates:*	Delegate	Companion
Deluxe Balcony	\$14999	FREE
Balcony Suites	\$16499	FREE
Jade/Mandarin Suite	SOLD OUT	FREE
Imperial/Celestial Suite	SOLD OUT	FREE
3rd/4th Guest in Stateroom	Please call	

CME Fee **		
Delegate	\$1795	
Partner Program	\$995	

Cruise Taxes/Gratuities:		
Per person	\$585	
Additional Charges Per Person	\$1176	

Payment Information:

Full payment due at the time of booking

*Air is from the West Coast – low air add-ons from the rest of the country will be available
 ** Companion travels free, and companion flies free, delegate flight included in above costs.
 ***Pricing Subject to Availability and Change

Cancellation Fees:

181+ days in advance	\$0
180-120 days in advance	Deposit
119 days to December 30, 2008	50%
December 31, 2008	Non-Refundable

* Prices include all cruise and hotel accommodation, meals, activities, events and shore excursions as described, flights within China and roundtrip air transportation from the West Coast.

Final Payment is due October 3, 2008

**CME Fees subject to 5% GST at time of final payment

All funds stated in USD.

CMEatSEA reserves the right to change or cancel course content, speaker or topics for cause.

Reserve Today
1-888-523-3732