

SPEAKER PROFILES

CHRONIC DISEASE MANAGEMENT UPDATE

MEDITERRANEAN: NOVEMBER 7-21, 2017



Robert Dent, MD, FRCP(C)

Robert Dent is a specialist in Internal Medicine with academic appointments in Endocrinology and Surgery at the University of Ottawa.

In 1992 he established the Weight Management Clinic at the Ottawa Hospital and the University of Ottawa. This is a multidisciplinary clinic designed with these objectives: patient care, teaching health care professionals and research in the genotype phenotype associations of obesity. This clinic design has been adopted in several Canadian university centres.

With respect to research he has 35 publications in peer reviewed journals in the last 7 years. These publications deal with the design and out comes of the clinic; and on the genetics of obesity. Since 2011 he and Dr Ruth McPherson hold a CIHR Genetics grant entitled Metabolic and Genetic determinants of Obesity and Obesity-related Phenotypes.

During the years 2005 to 2007, He was a member of the Expert Committee for the Canadian Clinical Practice Guidelines on the Management and Prevention of Obesity and contributed two chapters to that work which were published in the Canadian Medical Association Journal in 2007.

Other memberships include: The Canadian Obesity Network (founding Membership), Bariatric Surgery Panel to develop the Health Technology Utilization Guidelines of Ontario, November 2005, Chairman for the working group on obesity for the Champlain Primary Care CVD Prevention Guidelines both in September 2006, and for the 2012 edition and Board member of The Ontario Bariatric Network, and Canadian Association of Bariatric Physicians and Surgeons.

Since 2009, he has worked with the Ministry of Health of Ontario as Chairman, The Ontario Bariatric Network Patient Assessment Working Group. The objectives of this committee were to develop criteria to identify appropriate candidates for bariatric surgery including those outside the usual BMI and age ranges; to develop a structured assessment process to allow fair and equitable access to obese patients requiring bariatric surgery.

His primary interests include, Obesity treatment, psychosocial aspects of obesity, patient advocacy, and the genotype-phenotype associations of obesity.



Timothy Cook, MD, FRCPC, MHP, DTMH, CD, LCol (Ret'd)

Dr. Cook completed his MD at Queen's University (1986), General Internal Medicine fellowship at the University of Toronto (1995) and a Master's degree in Public Health (Health Promotion) from the University of London (UK) (2006). LCol Cook (Ret'd) enjoyed 20 years in the Canadian Forces Medical Services, retiring in 2003. He trained in occupational and environmental health, had several deployments abroad and also served as the personal physician to two Governors General of Canada. Since then he has been recognized for his work in executive and corporate health and was the Associate Medical Director and Chief Medical Officer of two executive health clinics in downtown Toronto. Over the past decade Dr. Cook has expanded his interest in disease prevention and management through the incorporation into his life and clinical practice of Mind-Body medicine, mindfulness meditation and integrative health. In 2013 he founded the P3 Health Clinic for Personalized, Participatory and Preventive Medicine, and directs a multi-disciplinary team of conventional and complementary health practitioners.

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**Zahir Dhalla, MD, FRCP**

Dr. Dhalla has been practicing general neurology in Ottawa for 27 years. For several years, he was on staff at the Ottawa Civic Hospital. He did his undergraduate training and fellowship training at The University of Toronto (F.R.C.P. completed in 1989). He received additional training in Epilepsy and Electromyography from 1989-1990 at The Wellesley Hospital with Dr. Joseph Bruni and Dr. Jean Turley, and then moved to Ottawa. Dr. Dhalla's wife Sahira is a Family Physician. He has a special interest in Nerve blocks in the management of Chronic Headaches and Neck pain.

**Dr. Andra Campitelli, ND**

Dr. Campitelli is a leading North American Naturopathic Doctor, media expert, and educator, and divides her time between her Toronto-based practice at P3 Health and working in the nutraceutical industry.

Dr. Campitelli received her B.Sc. (Hons.) in Biomedical Sciences, with a minor in French Studies, from the University of Guelph before receiving her ND from the Canadian College of Naturopathic Medicine (CCNM).

She has expertise in hormonal and metabolic balance, incorporating Bioidentical Hormones and also has special interest in lifestyle medicine, weight management and medical nutrition including ketogenic dieting. Dr. Campitelli has appeared on various television and radio programs in order to educate audiences on healthy lifestyles and Integrative Medicine, including appearances on The Marilyn Denis Show, CBC, CP24, CTV News, and Wylde on Health. She regularly contributes to numerous North American magazines and is a frequent and well-respected speaker, author and guest lecturer throughout Canada and the United States.

Dr. Campitelli, is an educator and health specialist for Pruvit Inc. (www.ClinicKeto.com), a US-based nutraceutical company producing nutritional ketone supplements.

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Joseph Bakish, CFA, CLU, CHS, TEP, BSc



Joseph Bakish has a long track record of high achievement. He graduated Academic All-Canadian in 2005 from McGill University with a B.Sc (Biochemistry major/ Management minor) where he won the Dimock-Meloche Award for excellence in academics, athletics and team building and was involved in Varsity Swimming.

Committed to continuing his education, Joseph earned the Chartered Financial Analyst (CFA) designation in 2012, recognized as the gold standard for the global investment industry. In addition, he holds the Chartered Life Underwriter (CLU), Certified Financial Planner (CFP, outside of Quebec) and Certified Health Insurance Specialist (CHS) designations. The CHS is granted to advisors specializing in living benefits, including income replacement and risk management for individuals, business owners and professionals. It is the only designation in Canada denoting specialized knowledge in all areas of living benefits and is the premier credential in the health insurance industry.

In 2005, Joe joined Investors Group, where he twice received the Pillar award recognizing outstanding early career growth; he also teamed up with his brother, Nick Bakish. In 2015, the pair moved to Richardson GMP to provide Bakish Wealth Management clients with a wider universe of investment options, better technology and more transparency and clarity regarding cost and performance.

Joe currently volunteers with the Financial Planning Standards Council to mark and design exam questions for the CFP examination and serves on the board of the Financial and Estate Planning Council of Montréal, a pillar of advanced financial education in the community. Outside of work, Joe enjoys spending time with his wife and daughter, plays tennis, and is involved in competitive Masters Swimming. He is President of the Citizen's Association of Sainte-Anne-des-Lacs Citizen's Association and Treasurer of a prominent youth club to promote athletics and strong values.