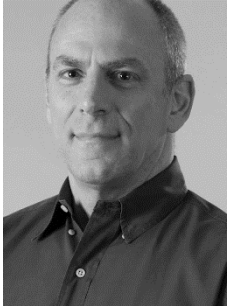


CPA 23rd INTERNATIONAL CPD CONFERENCE

ASIA: MARCH 28 – APRIL 10, 2020

SPEAKER PROFILES



Dr. Ofer Agid

Staff Psychiatrist, Clinician Scientist
Medical Head, Ambulatory Services
Lead Psychiatrist, Partial Hospital Program

Dr. Ofer Agid is staff psychiatrist and a clinician scientist in the Schizophrenia Program at the Centre for Addiction and Mental Health in Toronto. Dr. Agid is the Medical Head, Ambulatory Services and the Lead Psychiatrist, Partial Hospital Program at the Schizophrenia Program.

He is also Associate Professor in the Department of Psychiatry, Faculty of Medicine, University of Toronto and Associate Member, Institute of Medical Science (IMS), University of Toronto.

Areas of Research

Dr. Agid's research focus is psychopharmacology in schizophrenia, specifically early response to antipsychotic medications, early predictors of response and treatment resistant schizophrenia. His work has uncovered a new "early onset of action" hypothesis of antipsychotics, which has impacted current practice guidelines for the treatment of schizophrenia.

As the medical leader in the First-Episode Schizophrenia program, Dr. Agid initiated an algorithm-based treatment approach for first-episode schizophrenia while collecting extensive clinical data regarding treatment response. This algorithm was implemented in order to optimize antipsychotic treatment during the earliest stages of the illness, a critical time period in terms of longer-term outcomes. This systematic and standardized approach has resulted in a large and comprehensive database; the published data to date have provided clear, empiric evidence that clinicians can use in approaching the pharmacological management of first-episode schizophrenia. It has also challenged current practice patterns and proven valuable in examining trajectories of response.

In addition, Dr. Agid is involved in investigating patterns of non-adherence and placebo response, treatment resistant schizophrenia, psychopharmacological mechanism of action of antipsychotics using brain imaging techniques and examining value systems and happiness in schizophrenia with an emphasis on the relationship to, and influence on, motivation and functional outcomes.

Dr. Agid is a recipient of numerous grants. He presented his research at major meetings and conferences and has published in major psychiatry journals.



Dr. Paula Ravitz

Paula Ravitz MD FRCPC, Associate Professor of Psychiatry at University of Toronto, holds the Morgan Firestone Psychotherapy Chair at Mount Sinai Hospital. Her research, publications, clinical work and teaching have focused on depression, perinatal mental health, Interpersonal Psychotherapy (IPT), attachment theory, mentalizing, and knowledge translation of evidence-supported psychotherapy principles in practice. Past president of *the International Society of Interpersonal Psychotherapy*, she has provided IPT training to front-line, interprofessional mental health providers across Canada, in China, Ethiopia, France, Israel, the U.K., and the U.S.. She has helped to adapt IPT for differing settings and providers including with Canadian public health nurses and for Ethiopian primary care. In addition, she co-edited with Robert Maunder a 6-book/DVD series, *Psychotherapy Essentials to Go*, for skills-based teaching (2013, 2015. WW Norton; www.psychotherapy.net).